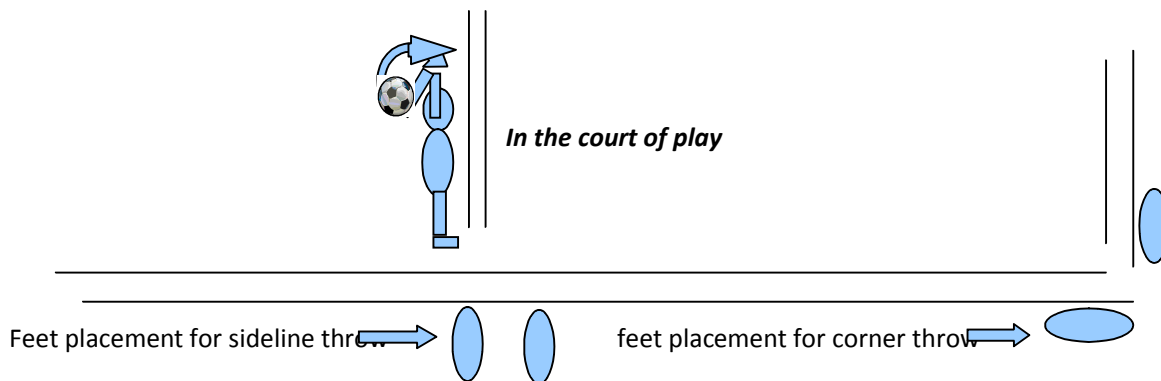


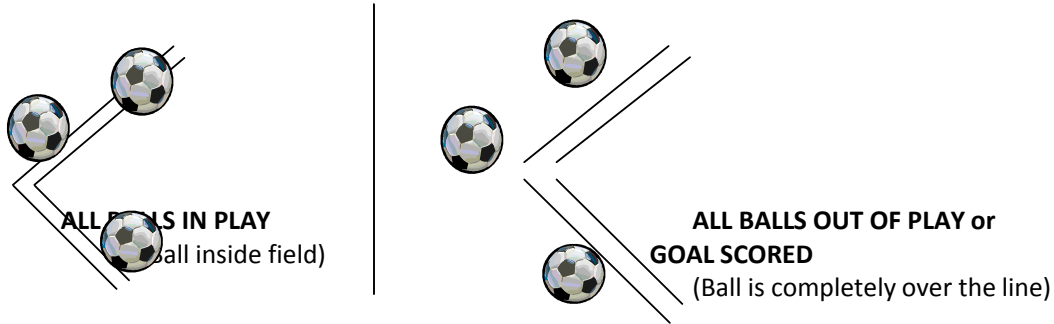
New Vikings Futsal RULES SIMPLIFIED Vikings Futsal Association Inc

- The game of Futsal is played on an indoor or outdoor court or field Size of the court measures from 15mtrs wide to 30mtrs long, or for International Standard it will be 40mtrs X 20mtrs with 3mtrs X 2mtr goal posts.
- From a kick off, the ball must be played forward. A goal CANNOT be scored directly from a kick off.
- A team consists of 5 players, 4 court players and 1 goalkeeper, the maximum number of players in a team is up to 12
- Unlimited 'flying' substitutions. Players can re-enter the game as many times without notifying the referee, this also includes the goalkeeper. (games will not be stopped for substitutions) Substitutions must be made in the substitution area.
- There is NO offside in Futsal, and players can score from anywhere in the court of play.
- When the ball goes out over the sideline, it is to be thrown in from the sideline; The player who is to throw the ball, will stand out of the court area at the same point were the ball left the court, he/she will stand with both feet flat on the ground and toes pointing to the court, the feet must not touch the line. Feet may be joined or apart but must remain stationary while the throw is in progress, the heel must also remain on the court, while the throw is in progress.
 - The ball will be thrown in with both hands, with the movement beginning from behind the head and making an arch above the head towards the court of play and releasing the ball. Your feet must remain stationary but you can twist your body in the direction you are to throw the ball. You must be facing in the direction of where the ball is to be thrown before the action of the throw begins.
- When the ball goes out over the goal line last being touched by a defending player then a corner throw is awarded to the attacking team, It will be made in the same way as the sideline throw, with the exception of the placement of feet of the thrower, they will be located at the right angle formed by the goal line with the side line, meeting at the corresponding corner, both feet not touching the lines, but otherwise subject to the same limitations as the side line throw.

The goalkeeper cannot throw the ball over the 2/3 line on a small court, or over ½ way line on an International size court, once the Goalkeeper uses their hands to handle the ball, they must throw the ball back into play, however if the goalkeeper does not handle the ball with their hands, they are free to kick the ball any length and even score.



- For a ball to be out of play or a goal scored, ALL of the ball must be over the line. See below:



- A goal cannot be scored directly from a sideline throw or corner throws, unless the ball touches one of the players before the ball enters the goal.
- The goalkeeper cannot throw the ball over the 2/3 line on the court, once the Goalkeeper uses their hands to handle the ball, they must throw the ball back into play, however if the goalkeeper does not handle the ball with their hands, they are free to kick the ball any length and even score.
- The Goalkeeper is not allowed into the oppositions half.
- Goal Clearance or Goalkeepers throw, the goalkeeper throws the ball from the marked goal area to restart play after the ball has gone over the goal line, last being touched by an attacking player.
- The goalkeeper has 5 seconds time limit to control the ball and release it from his/her possession.
- Goalkeepers are not allowed to pick up the ball with their hands from a deliberate back pass from any of their team mates; however they are allowed to pick it up from a sideline throw.
- No tackling from behind or dangerous slide tackling is allowed.
- Free Kicks, the opposition must be back 3mtrs from the taking of any free kicks, unless the team awarded the free kick decides to take a quick free kick.
- **Dangerous play is not allowed.**
- Each team has 5 team fouls per half, any fouls after the fifth will be penalised with a ten meter penalty shot by the opposition.
- During the game, a referee has the option of using 2 cards, Yellow and Red
- Referees have the right to warn, ask to leave or eject from the Stadium, any spectator or player whom they feel is bringing the game into disrepute.
- **The referee's decision is final.**
- If a team forfeits 3 games they will be removed from the competition and replaced by another team.